

Name: Dr. Charles Kiragu Ngigi

Department of Public Health, Muranga University of Technology.

Position: Lecturer

Contact address: Box 332, Kalimoni

Email: gurakicha@gmail.com

Area of specialization: Epidemiology and Diseases Control

Research interest: Public Health, Mental health & Psychiatry, OSH, Drugs & substance abuse,

Disease Control, Maternal health

Academic qualifications

PhD in Epidemiology, Kenyatta University

Master of Public Health, Kenyatta University

Bachelor of Public Health, Jomo Kenyatta University of Agriculture and Technology

Trainings/Other certificates

1. Research and Proposal Writing in Sciences INASP

2. Injection Safety MOH

3. Computer Packages

4. Home Based Care NASCOP/MOH

5. TOT in Counseling and Testing NASCOP/MOH

6. Financial Management Course - Kenya School of Government

Publication

- 1. **Charles Kiragu Ngigi** (2024) Predictors of Timings of First Antenatal Clinic: A systematic Review. IJRSI V XI, IX
- 2. **Charles Kiragu Ngigi** (2022) Utilization of mobile phones among mothers seeking postnatal services in Kakamega County. *AJMW*
- 3. **Charles Kiragu Ngigi** (2021) Factors influencing postnatal knowledge on scheduled postnatal visits: A multi-centre study in Kakamega county, Kenya. *AJMW*
- 4. **Charles Kiragu Ngigi** (2020) Determinants of utilization of postnatal services among mothers in selected hospitals in Kakamega County. *IJRSI*
- 5. **Charles Kiragu Ngigi** (2020) Impact of *m*-health to improve postnatal care uptake among postpartum mothers in a rural community in Kakamega County, Kenya (*Published JUNE 2021, IJONC*)
- 6. **Charles Kiragu Ngigi** (2016) Self- medication with antibiotics prior to seeking treatment among adult patients attending outpatient department at Gatundu Sub-County hospital, Kiambu County, Kenya. *IJIR*

CONFERENCE PAPER PRESENTATION

1. **Ngigi, Charles Kiragu 2022**. Effect of *m*health technology in enhancing postnatal visits amongst mothers attending MCH/FP clinics in selected hospitals in Kakamega County, Kenya. Kenyatta University 43rd Seminar 8.7.2022

Membership to professional bodies

Public Health Officers and Technicians Council (PHOTC)