

Curriculum vitae

Personal details

Name : Dr Patrick Kinyua Kiragu

Home County: Kirinyaga

Religion: Christianity

Medical Condition: No known underlying medical conditions

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Telephone : +254 723 517 285

LinkedIn : <https://www.linkedin.com/in/kinyua-kiragu-9bb40a153>

Availability : Available for full-time work immediately

Language skills

Language	Understanding	Speaking	Writing
English	Excellent	Excellent	Excellent
Kiswahili	Excellent	Excellent	Excellent

Brief bio

Dr Kinyua Kiragu is a fulltime lecturer of History at Murang'a of Technology University (MUT). He is also the Industrial Attachment Coordinator for the School of Humanities and Social Sciences. Before joining MUT, he served as a lecturer of history at Mount Kenya University and where he also doubled as the Post-graduate Coordinator for History. Dr Kinyua holds a Doctor of Philosophy Degree in History, Master of Arts Degree in History and a Bachelor of Education (Arts) specialising in History and Kiswahili. He also holds a post-graduate Diploma in Human Resource Management from the Kenya Institute of Management.

Dr Kinyua research interest range in the intersection between culture, governance, sports, gender and international relations. He has published in various journals and presented papers at conferences and seminars. He has over decade of experience teaching at the university in history, international relations and political science. Dr Kinyua has also mentored postgraduate students. He was central in developing and reviewing the PhD and Master programmes for history for Mount Kenya University, the University of Embu and MUT. Additionally, Kinyua has worked with the community as a coach and as the expert in community-based cultural and heritage conservation initiative.

Academic Qualifications

- 2017 – 2023 PhD in History (area of research –gender and sports management in Kenya – 1901 - 2019), Egerton University, Nakuru, Kenya
- 2009 – 2016 – MA in History (area of thesis – “A Biography of Field Marshal Muthoni Kirima of the Mau Mau Movement of Kenya, 1930-2015”, Egerton University, Nakuru, Kenya)
- 2013-2015 Diploma in Management Human Resource Option (Area of project research- Employee Related Factors Influencing Wage Differentials Among Flower Workers: the Case of AAA Flowers Rumuruti)
- 2003-2007 – Bachelor of Education (Arts), Egerton University, Njoro, Kenya

Research Output

>Journal articles:

1. 2025 Heibe M, Kiragu P. K, Njoroge R. N, ‘The Effect of the Porous Kenya-Somalia Border on Education in Garissa County October 2025African Journal of History and Geography 4(1):249-257 DOI:10.37284/ajhg.4.1.3862
2. 2024 Kiragu P. K. Sportswashing and the Antecedents of Sports Diplomacy in Kenya, 1920-1964. *African Journal of History and Geography* 3 (1), 1-9.
<https://doi.org/10.37284/ajhg.3.1.2058>
3. 2024 Kiragu P.K. A Concise History of the Colonial and Gender Inequality in Sports in Kenya. *Journal of African Interdisciplinary Studies*, 8 (6). 55-67
4. 2023 Kiragu P.K, Matheka R.M and Nyakwaka D.A, ‘Ideology, Elitism, Gender and the Evolution of Sports Management in Colonial Kenya’, *African Journal of Education and Science* Vol. 7(3)
5. 2022 Kiragu P. K; Matheka R. M & D. A. Nyakwaka (2022). Evolution in Professionalisation of Sports and the Links to Gender Inequality in Management of Athletics and Football in Kenya. *Journal of African Interdisciplinary Studies*, 6(8), 65 – 79.
6. 2016 P. K. Kinyua, R. M. Matheka, B. A. Onyancha, ‘Gender Issues in African History of Freedom Struggle: The Case of Field Marshal Muthoni Kirima of the Mau Mau Movement of Kenya, 1930-2015’ *Journal of International Academic Multidisciplinary* Vol 4, Issue 3, April 2016

> Book Chapters:

6. (Ongoing) Gender and Politics of Sports in Early Colonial Kenya: the Case of Muscular Christianity and Missionary Pursuit of Legitimacy, 1906-1923 (to be published in an

edited volume alongside papers presented at Toyin Falola @70 that took place between 10-12 May 2023 at Kenyatta University)

Thesis and Projects

7. 2019 to 2023: Research for Doctoral thesis, Egerton University

Research title: ‘Gender Inequality in Sports Management in Kenya since the Colonial Period, 1906-2019’

8. 2015- 2016 Research for MA thesis, Egerton University

Research Title: ‘A Biography of “Field Marshal” Muthoni Kirima of the Mau Mau Movement of Kenya, 1930-2015’

9. 2014- 2015 - Research Project for Diploma Course in Management, Kenya Institute of Management

Research Title: ‘Employee Related Factors Influencing Wage Differentials Among Flower Workers in Kenya: the Case of AAA Flowers Rumuruti.’

Workshops, Short-term training and Conferences

- 1. 5-7 November 2025** International Conference on Advances in Science, Technology and Innovation for Societal Transformation, Murang’a University of Technology
Theme: Language, Communication and Social Interaction in the Digital Age

Paper Presented: Field Marshall Muthoni Kirima: Gendered Guerilla, Silenced Icon and the Disruption of Patriarchal Memory in Kenya’s Anti-Colonial History

- 2. 10-12 May 2023 Toyin Falola @70, Kenyatta University**

Theme: Post-colonial Africa: Historical and Contemporary Realities

Paper Presented, ‘Gender and Politics of Sports in Early Colonial Kenya: the Case of Muscular Christianity and Missionary Pursuit for Legitimacy, 1906-1923

- 3. 23-24 November 2023 BIEA Graduate Conference**

Theme: Ethnicity and National Identity in Africa, 2023

Paper Presented: Whom Does Accountability Serve in Kenya: Questions of Intersectionality

Co-author: Gilbert Muyumbu

- 4. 9-11 December 2019** International workshop on ‘Scientific Subjectivities in Contemporary Africa: Knowledge-Making, Scholarly Collaboration and Academic Lives Across Difference’, British Institute of Eastern Africa, Nairobi.

5. **6-8 August 2016** Training Workshop on Proposal Writing for Graduate Students, Laikipia University.

Post-graduate Supervision

Masters of Arts in History (Mount Kenya University)

1. Margaret Okeyo Kemuma, 'Gender Issues in International Relations During the Era of Globalisation' (Ongoing)
2. Moracha Deborah, 'Abagusii Swing Voting Patterns in National Elections and Its Effects in the Community Representation in National Leadership, 2002-2023'
3. Mercy Chepkemai Kirui, 'Cultural Continuity and Change: A Case Study of Music and Dance Among the Kipsigis of Kericho County, 1907-2017', Mount Kenya University (on-going)
4. Lumbui Musyoka, 'Influence of Socio-economic and Political Dynamics on Conflict over Kyulu-Mikhulo Land KARLO, Kyullu National Park and Mikululo Residents (1969- 2021)', Mount Kenya University (On-going)

Thematic Areas of Competence and Soft Skills

Through studies and work spanning over ten years in high school and seven years at the university, I have built theoretical and practical knowledge in management, research, education, historiography, international relations and sports which can be summed under the following skills:

1. Communication skills
2. Presentation and facilitation skills
3. Organizational skills
4. Feedback and evaluation skills
5. Critical thinking skills
6. Leadership and mentoring skills
7. Management and supervision skills
8. Creativity and innovation skills
9. Listening and reflection skills
10. Learning skills
11. Policy interpretation and implementation

12. Research skills - skills in conceptualising, initiating and coordinating research.
13. Monitoring and evaluation skills – proven skills in monitoring and evaluating curricular processes;
14. Talent identification and development;

Soft Skills

1. **Self-awareness** – I endeavour to have realistic self-assessment and self-confidence. This is in addition to being able to recognise and understand my personal moods and emotions and their effect on others;
2. **Self-regulation** – I am guided by values of integrity, trustworthiness, openness to change and thoughtfulness. Besides, I am able to control and redirect disruptive impulses and moods in addition to acknowledging when to suspend judgment;
3. **Motivation** – I endeavour to work for reasons beyond money and status. I am optimistic and have a strong drive to achieve and, dedicate to organisational commitment;
4. **Empathy** – I believe on the need to identify and understand other people's needs and opinions. I endeavour be excellent at managing relationships, listening, avoiding stereotypes and being too quick in judging;
5. **Social skills** – I am proficient in managing relationships, building networks, finding common ground and building rapport. The hallmarks of this attribute include ability to persuade, lead change and lead teams.

Employment History

**February 2024 to date – Lecturer (Grade 12) History and Post-graduate History
Coordinator Mount Kenya University**

Summary of Job Description

- Adherence to teaching requirements as per the curriculum
- Administration of Continuous Assessment Tests
- Examination setting, administration and marking
- Supervising and mentoring post-graduate students
- Assigning readers for post-graduate students research works
- Attending post-graduate committee meetings of the School of Social Sciences

**2016 to 2021 – Adjunct Lecturer of History and International Relations, Egerton
University**

Summary of Main Job Description:

- Offering a maximum of three hours of lectures per week;
- Giving Continuous Assessment tests;

- Responsible for the final examination of the courses offered.

Sample of units taught:

- International Political Economy (IPE)
- History of International Organisations
- Africans in the Diaspora I
- Africans in the Diaspora II
- Developments in Transport and Communication
- History of Kenya
- African and World Histories
- Governance

2016- 2021 – Adjunct Lecturer of History, Laikipia University

Summary of Main Job Description:

- Offering a maximum of three hours of lectures per week;
- Giving Continuous Assessment tests;
- Responsible for the final examination of the courses offered.

Sample of units taught:

- Environmental History
- African Economic History
- History of International Economic Organisations
- African Women History
- Gender History
- History of Kenya

2023 to date – Adjunct Lecturer of History, Kirinyaga University

Summary of Job Description

- Teaching allocated units and covering syllabus in time
- Administering two Continuous Assessments Tests per unit
- Setting examinations and attending moderation meetings for units taught
- Invigilate examinations for assigned units
- Mark, process and submit examination results for units taught to the Chair of the department
- Any other duty allocated by the Chair of the department

Sample Units Taught:

- Russian History
- Military History
- Politics of Africa

- Transformation of Europe

2009 to 2021: Teacher Service Commission, Gathanji and Ngaru secondary schools

Summary of Main Job Description:

Teacher

- Teaching in subjects of specialization;
- Preparation of professional documents;
- Evaluating learners;
- Introducing new ideas and programmes in teaching and learning process;
- Embrace team work through collaborative planning and teaching to ensure consistency and improvement in curriculum delivery;
- Provide guidance and counseling services and instill norms and values in learners;
- Engage learners in co-curricular activities to identify and develop talents.

Head of Department

- Coordinate co-curricular operations of the school;
- Facilitate talent identification and nurturing;
- Establish links with other schools through sports.
- Interpret and implement Ministry of Education policy on games and physical education;
- Advise the Head of Institution on co-curricular matters;
- Coordinate and supervise teachers in charge of different co-curricular activities and sports;
- Prepare departmental budget.

Select Short-term Job Assignments

26 October – 21 November 2012: Appointed Supervisor for Kenya National Examinations Council (Nyahururu High School)

Job Description: Returning Officer at the examination centre and responsible to the Teacher Service Commission Sub County Staffing Officer.

Sample duties: Briefing examination invigilators;

- Ensuring credibility of the exam process;

- Collecting exam papers and ensuring their security while the examination is in progress;
- Conducting examinations in accordance with Council regulations;
- Preventing examinations irregularities and receiving evidence if any and submitting to the DEO;
- Ensuring strict adherence to the examination timetable.

14 October – 7 November 2014: Appointed Supervisor for Kenya National Examinations Council (99 Morning Star Academy)

Job Description: Returning Officer at the examination centre and responsible to the Teacher Service Commission Sub County Staffing Officer.

Sample duties: Briefing examination invigilators;

- Ensuring credibility of the exam process;
- Collecting exam papers and ensuring their security while the examination is in progress;
- Conducting examinations in accordance with Council regulations;
- Preventing examinations irregularities and receiving evidence if any and submitting to the DEO;
- Ensuring strict adherence to the examination timetable.

18- 27 July 2018 Appointed as an invigilator Year 2018 College Business Examination (KNEC)

Station: Nyandarua Institute of Science and Technology

Sample duties: briefing candidates before the start of examinations on rules governing the conduct of examinations;

- distributing stationary and examination question papers to candidates;
- preventing examination irregularities and receiving evidence if any and submitting it to the supervisor;
- ensuring no unauthorized persons and/or lecturers have access to examination rooms or communicate to candidates;
- identify candidates against names on the attendance register/photo register.

Sample of key achievements

- Positive evaluation reports from both undergraduate and post-graduate students

- Unlocking impediments to post-graduate History students' progress at Mount Kenya University
- Management – steering Gathanji School Games Department to vibrancy as epitomised by consistent featuring of our students at national athletic championships since 2014, and demonstrated by involvement of over seventy per cent of teaching and management in games and PE programmes;
- Programme management – successful completion of research work for my diploma in management, MA and PhD;
- Team Building – spearheading teambuilding activities through my role head of games department;
- Technical advice – Successful guidance of the schools to synergy between curricular and co-curricular components;
- Research – research on women leadership in Mau Mau movement, wage differentials among flower farm workers, and gender and sports management;
- Monitoring and evaluation – successfully steered numerous university courses with diverse processes and groups such as syllabus development, lecture notes research, dissemination, and comprehensive evaluation;
- Advocacy and campaigns – offering technical and editorial support to Nyahururu Sports Fraternity
- Capacity building – Training numerous groups of students at the university and high school levels;
- Charity – nurturing a family culture of offering material and psychological support to the less fortunate.
- *May 2009 – April 2016* – school-based MA student, Egerton University, Nakuru, Kenya: Key achievement:

A rating of “Very Good” in first year of academic course work
(68.28% score)

A rating of “Very Good” in thesis writing for award of MA (68%
score)

September 2017 – October 2023, PhD Egerton University, Nakuru, Kenya: Key achievement:

A rating 73.72 % in first year of academic (course work)

A rating of 74 % in dissertation for award of PhD

Membership to Professional Bodies

1. 2015 to date – Kenya Institute of Management
2. 2019 to date – British Institute in Eastern Africa

Referees

1. Prof Reuben Matheka
Egerton University
Email: reuben_matheka@yahoo.com, reuben.matheka@egerton.ac.ke
Telephone: 0724 117 375
2. Dr Anne Muiro
Senior Lecturer and Chairman of Department of Education Kirinyaga University
Email: amuiro@kyu.ac.ke
Telephone: 0733722709
3. Dr Dorothy Akoth Nyakwaka
Senior Lecturer of History Egerton University
Email: nyadory@yahoo.com, dnyakwaka@egerton.ac.ke